

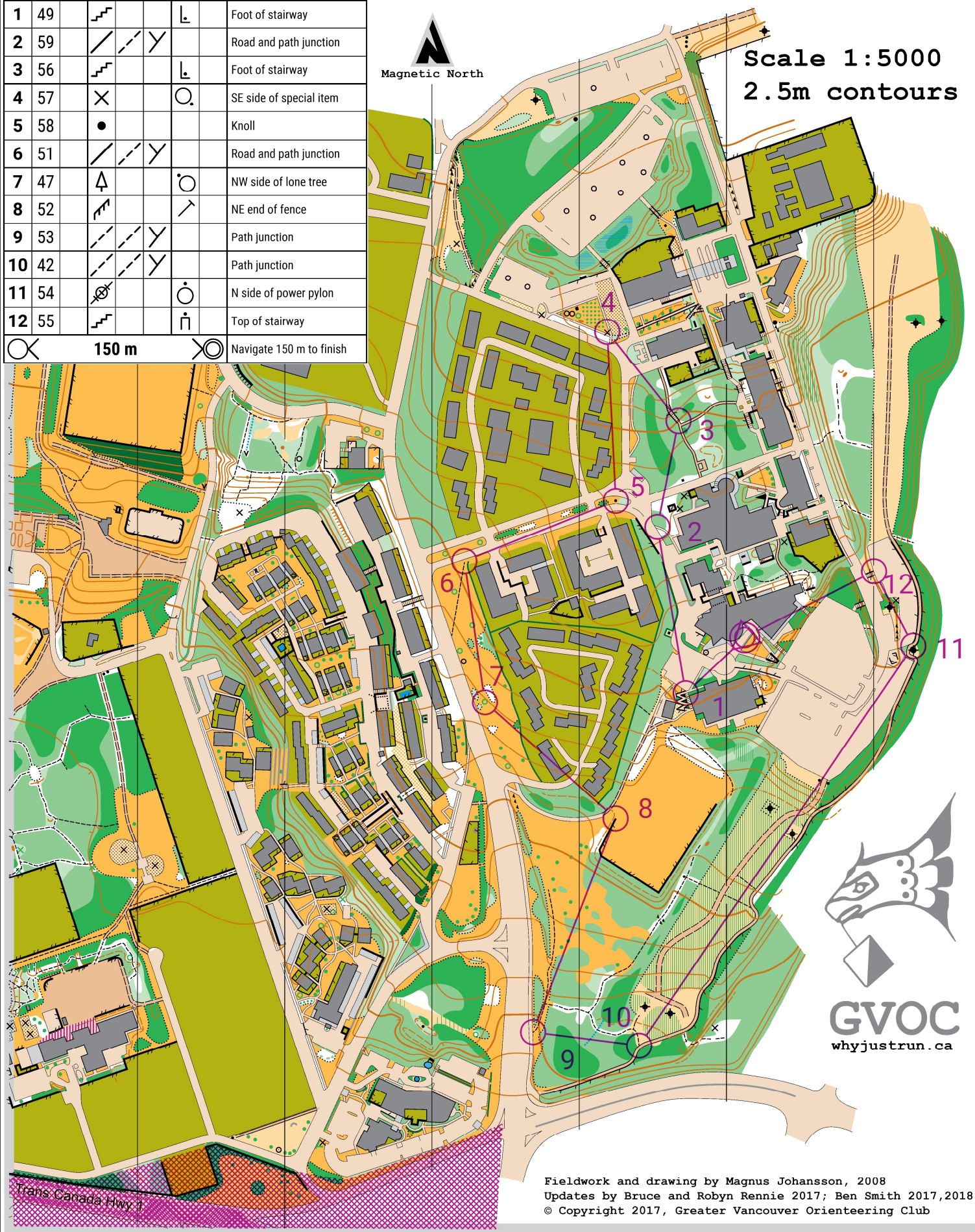
CapilanoU

Short Course	2.2 km			
▷				Start:
1	49	↗	└	Foot of stairway
2	59	↗ / ↘	Y	Road and path junction
3	56	↗	└	Foot of stairway
4	57	X	○	SE side of special item
5	58	●		Knoll
6	51	↗ / ↘	Y	Road and path junction
7	47	▲	○	NW side of lone tree
8	52	↗	↗	NE end of fence
9	53	↗ / ↘	Y	Path junction
10	42	↗ / ↘	Y	Path junction
11	54	⊗	○	N side of power pylon
12	55	↗	⊖	Top of stairway
⊗	150 m	⊗		Navigate 150 m to finish

# Capilano University



Scale 1:5000  
2.5m contours



**GVOC**  
whyjustrun.ca

Fieldwork and drawing by Magnus Johansson, 2008  
Updates by Bruce and Robyn Rennie 2017; Ben Smith 2017, 2018  
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Trans Canada Hwy 1