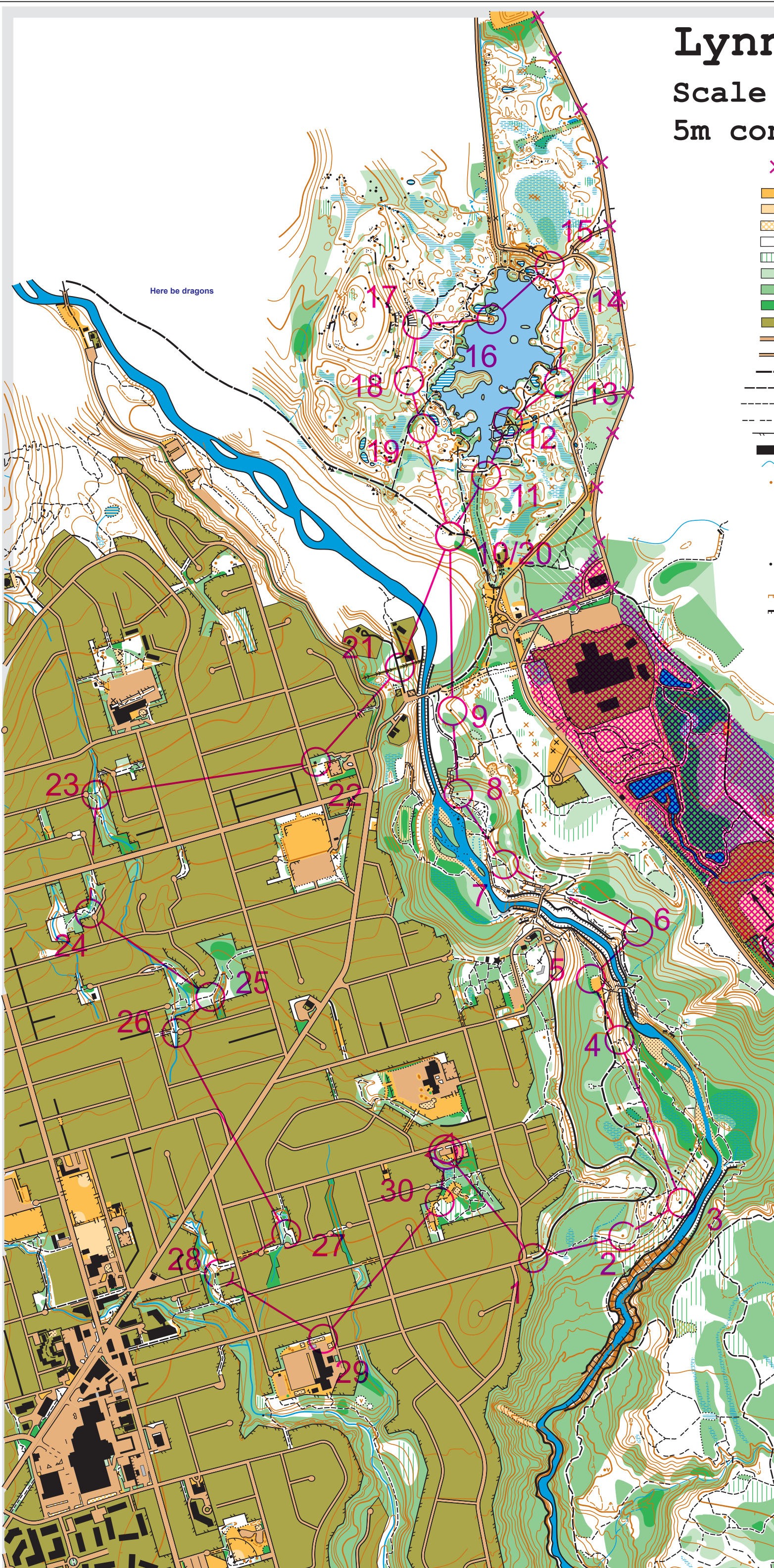


Lynn Valley

Scale 1:10000

5m contours



Here be dragons

- ✕ Forbidden to run on or cross this road
- Open Land
- Rough Open Land
- Rough Open Land with Trees
- Open Forest
- Open Forest with Deadfall
- Thick Vegetation
- Thicker Vegetation
- Thickest Vegetation
- Out of Bounds
- Major Road
- Road
- Major Trail
- Small Trail
- Tiny Trail
- Indistinct Trail
- Fence
- Building
- Water
- Knoll
- Pit
- Depression
- Tree Roots
- Fallen Tree
- Boulder
- Special Object
- Earth Bank
- Cliff

Lynn Valley Adventure Run 2018

	Very Long	8.7 km			
1	166	/	/	✕	○
2	165	•			◡
3	164	▲			○
4	163	/	<		
5	162	⊙			○
6	65	/	<		
7	155	/	Y		
8	156	▲			○
9	157	▲			○
10	60	▲▲			
11	59	▲			○
12	58	■			○
13	57	∩			
14	56	▲			○
15	55	▲			○
16	54	•			◡
17	53	▯			○
18	52	↑	▲		○
19	51	▲			○
20	60	▲▲			
21	158	/	↗	✕	○
22	159	■			┌
23	41	/			┌
24	40	/	∩	Y	
25	39	/	∩	Y	
26	38	/	∩	✕	
27	173	/	∩	Y	
28	172	■			○
29	167	✕			
30	174	/	∩	✕	

130 m