

Lonsdale Quay

Scale 1:4000
2m contours

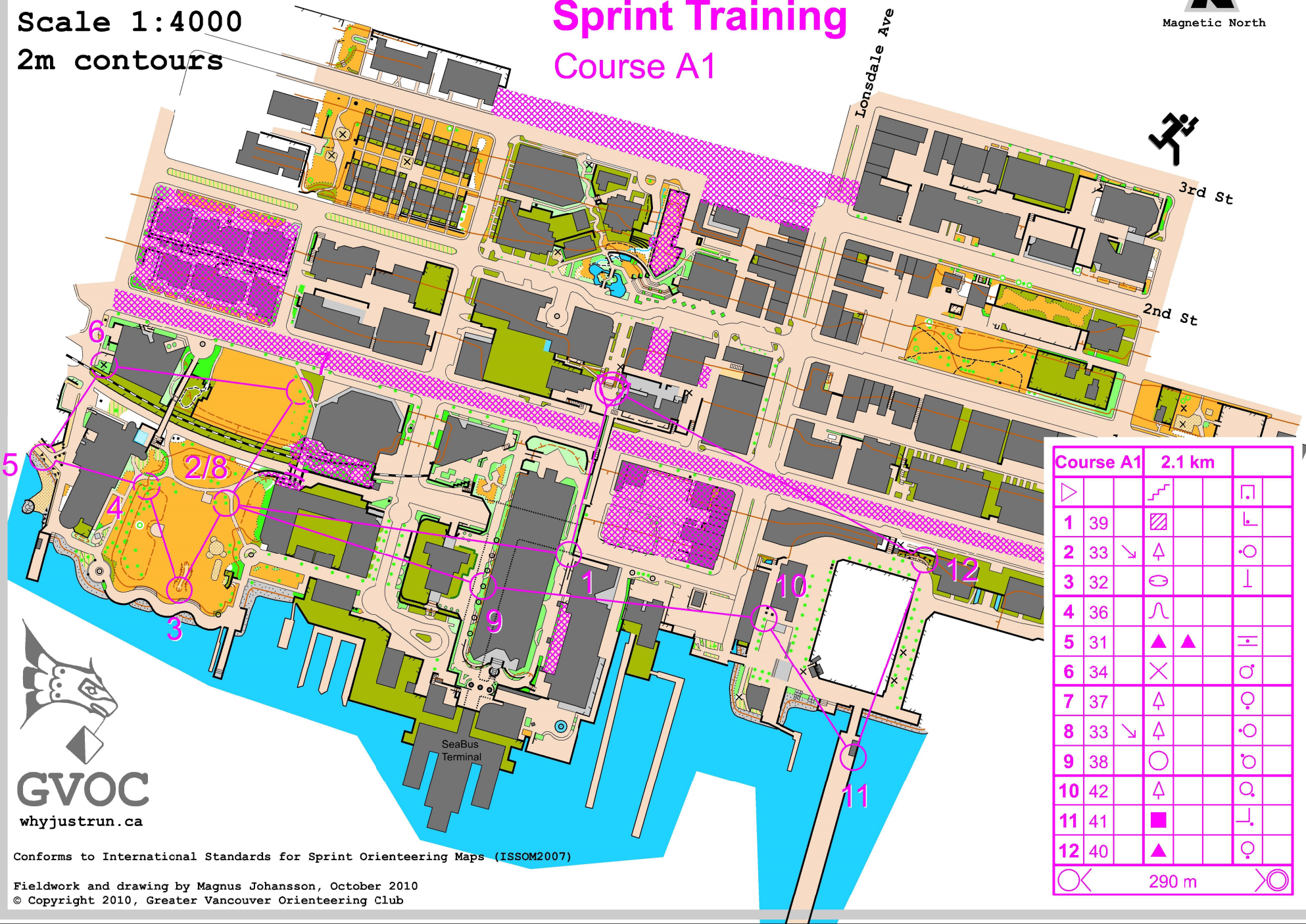
30th May 2018
Sprint Training
Course A1



3rd St

2nd St

Lonsdale Ave



Course A1	2.1 km		
▶		↗	◻
1 39	▨		⊥
2 33	↘ ↗	↑	○
3 32	⊖		⊥
4 36	∩		
5 31	▲ ▲		⊥
6 34	×		♂
7 37	↑		♀
8 33	↘ ↗	↑	○
9 38	○		♀
10 42	↑		♀
11 41	■		⊥
12 40	▲		♀
○	290 m		○



Conforms to International Standards for Sprint Orienteering Maps (ISSOM2007)

Fieldwork and drawing by Magnus Johansson, October 2010
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