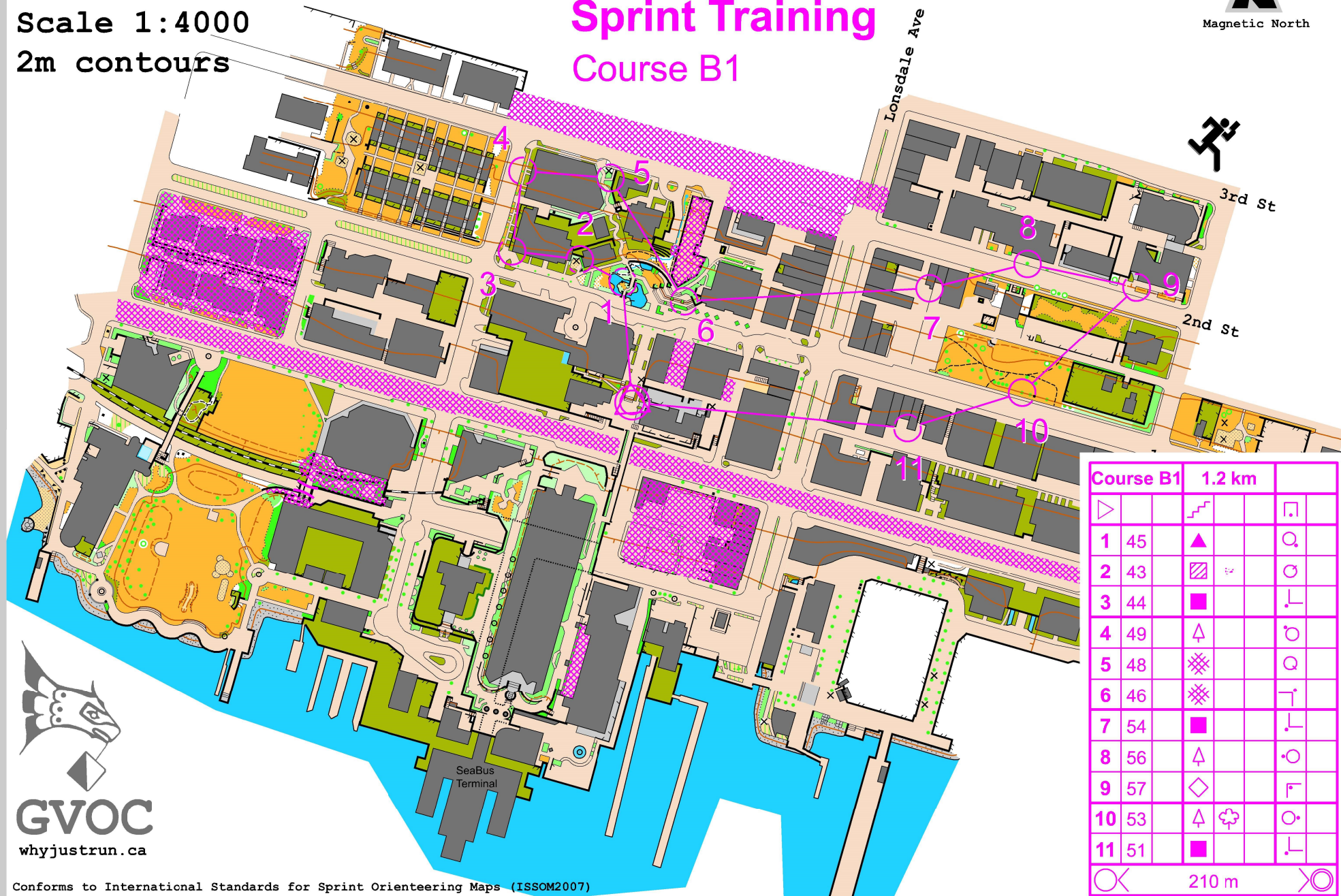


# Lonsdale Quay

Scale 1:4000  
2m contours

30th May 2018  
Sprint Training  
Course B1



**GVOC**  
whyjustrun.ca

Conforms to International Standards for Sprint Orienteering Maps (ISSOM2007)

Fieldwork and drawing by Magnus Johansson, October 2010  
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