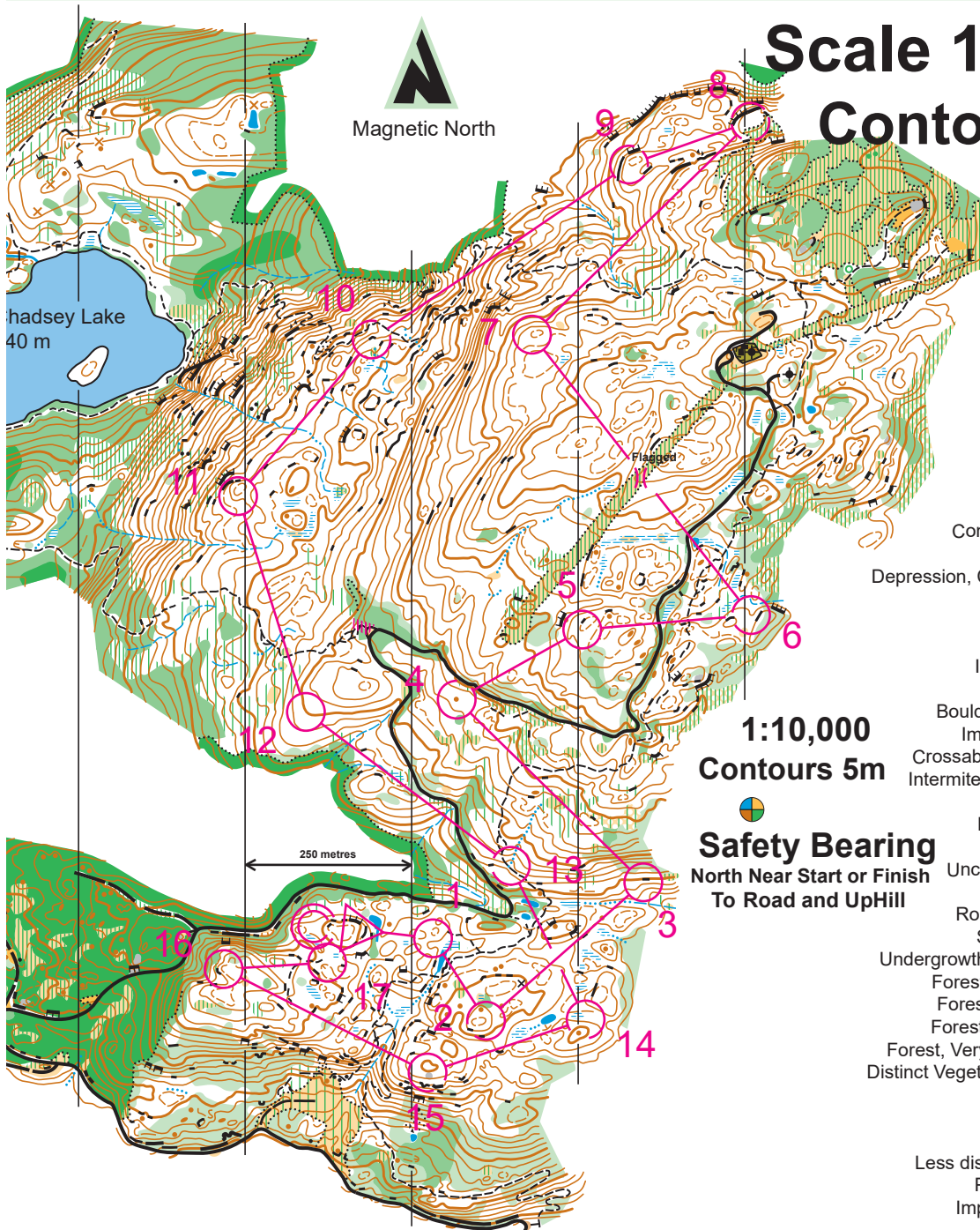


Scale 1:10 000

Contours: 5m



1:10,000
Contours 5m

Safety Bearing
North Near Start or Finish
To Road and Uphill

Optional Crossing Flagged

- Contour, Form-line
- Hill, Knoll
- Depression, Cup depression
- Pit, Water pit
- Dry Ditch
- Earth Bank
- Impassable Cliff
- Passable Cliff
- Boulder, Big Boulder
- Impassable water
- Crossable Watercourse
- Intermittent Watercourse
- Narrow Marsh
- Indistinct Marsh
- Marsh
- Uncrossable Marsh
- Open Land
- Rough Open Land
- Scattered trees
- Undergrowth, difficult to run
- Forest, Good running
- Forest, Slow running
- Forest, Difficult to run
- Forest, Very Difficult to run
- Distinct Vegetation Boundary
- Vehicle Track
- Footpath
- Small footpath
- Less distinct small path
- Passable Fence
- Impassable Fence
- Large tower
- Man-made Object

250 metres

Sumas June 18, 2017

4 Expert	5.2 km	185 m
1 54		
2 55		
3 41		
4 31		

5 44		
6 45		
7 39		
8 32		
9 46		
10 52		
11 51		

12 49			
13 33			
14 43			
15 42			
16 59			
17 40			
	60 m		