



1:7,500
Contours 5m



Safety Bearing
North Near Start or Finish
To Road and Uphill

- Contour, Form-line
- Hill, Knoll
- Depression, Cup depression
- Pit, Water pit
- Dry Ditch
- Earth Bank
- Impassable Cliff
- Passable Cliff
- Boulder, Big Boulder
- Impassable water
- Crossable Watercourse
- Intermittent Watercourse
- Narrow Marsh
- Indistinct Marsh
- Marsh
- Uncrossable Marsh
- Open Land
- Rough Open Land
- Scattered trees
- Undergrowth, difficult to run
- Forest, Good running
- Forest, Slow running
- Forest, Difficult to run
- Forest, Very Difficult to run
- Distinct Vegetation Boundary
- Vehicle Track
- Footpath
- Small footpath
- Less distinct small path
- Passable Fence
- Impassable Fence
- Large tower
- Man-made Object

Sumas July 10, 2016		
C2-W13, M13, Trail, TD2	2.7 km	100 m
	Start: NE side of cliff	
Follow tapes 40 m away from control		
1	38	Bend in road
2	57	Bend in road
3	36	S end of road and path junction

4	58	NE end of road and path junction
5	41	Top of knoll
6	34	S edge of hill
7	35	Upper part of reentrant (water)
Follow tapes 60 m away from control		
8	33	W end of cliff

9	37	NW end of path and stream crossing
Follow tapes 50 m between controls		
10	46	NE end of cliff
Follow tapes 70 m between controls		
11	40	E end of path
Navigate 60 m to finish		