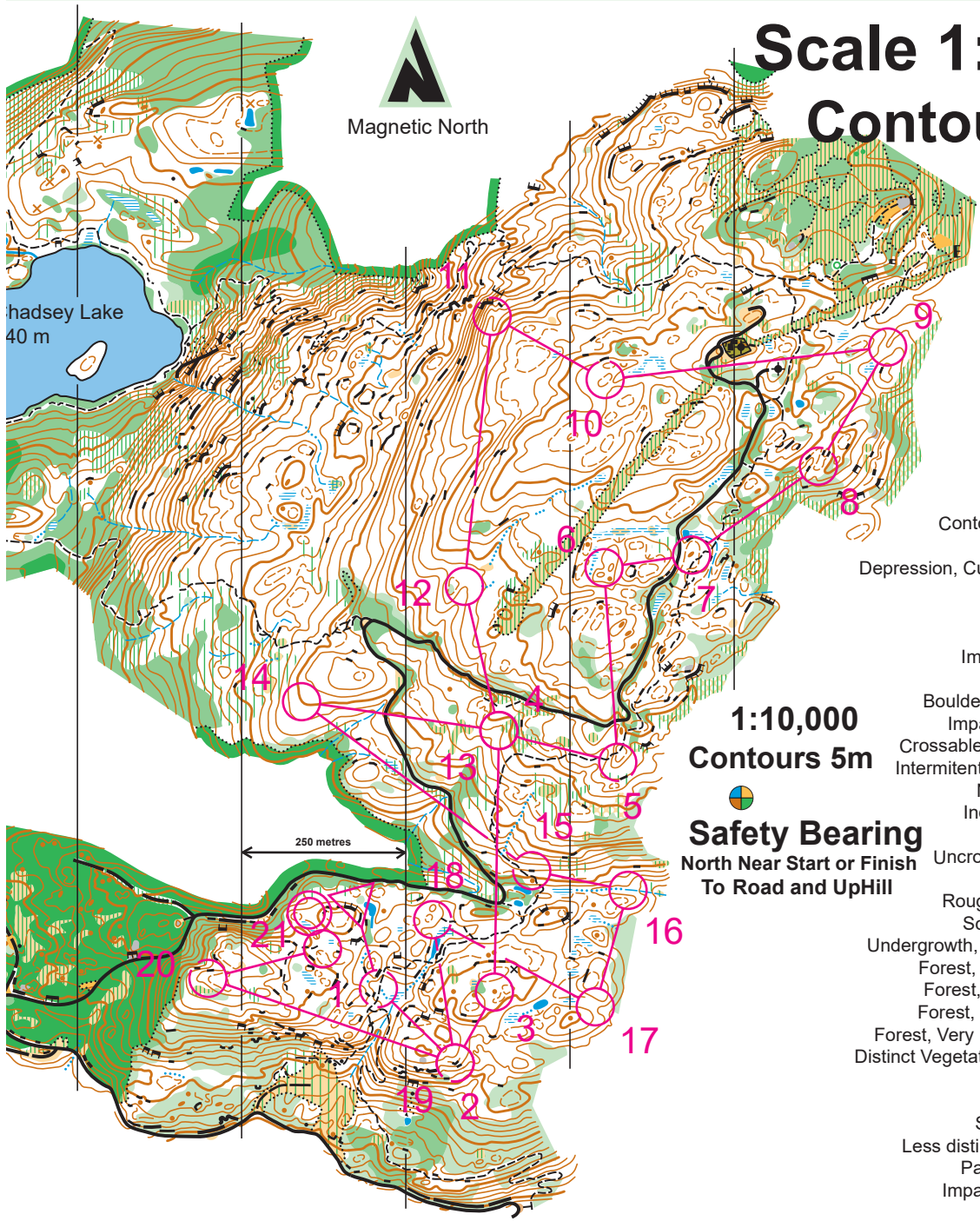


Scale 1:10 000

Contours: 5m



1:10,000
Contours 5m

Safety Bearing
North Near Start or Finish
To Road and UpHill

- Contour, Form-line
- Hill, Knoll
- Depression, Cup depression
- Pit, Water pit
- Dry Ditch
- Earth Bank
- Impassable Cliff
- Passable Cliff
- Boulder, Big Boulder
- Impassable water
- Crossable Watercourse
- Intermittent Watercourse
- Narrow Marsh
- Indistinct Marsh
- Marsh
- Uncrossable Marsh
- Open Land
- Rough Open Land
- Scattered trees
- Undergrowth, difficult to run
- Forest, Good running
- Forest, Slow running
- Forest, Difficult to run
- Forest, Very Difficult to run
- Distinct Vegetation Boundary
- Vehicle Track
- Footpath
- Small footpath
- Less distinct small path
- Passable Fence
- Impassable Fence
- Large tower
- Man-made Object

Sumas July 10, 2016			
C7-W21, M17, M35, M45		5.4 km	195 m
1	37		
2	31		
3	43		
4	35		
5	34		

7	41		
8	55		
9	47		
10	32		
11	42		
12	39		
13	35		
14	49		

15	33		
16	45		
17	44		
18	54		
19	31		
20	51		
21	40		
	60 m		