



Cates Park

Scale 1:4000

2m contours



Conforms to International Standards for Sprint Orienteering Maps (ISSOM2007)

"Whey-Ah-Whichen" Facing the Wind

Legend

Open land	Large tree	○
Rough open land	Bush or tree	◦
Scattered Trees	Stump	×
Open Forest	Boulder field	⊠
Forest: Slow Running	Large boulder	●
Forest: Difficult to Run	Small boulder	◦
Vegetation: Need machete	Passable stone wall	—+—
Forbidden Access	Tunnel	⋈
Paved area	Knoll	•
Open Sandy ground	Elongated knoll	◌
Stream	Depression	∪
Unpaved Footpath, Track	Contour	~
Small path	Formline	—
Less Distinct Small Path	Stairs	⊢
Manmade Object		
Cairn		
Prominent manmade object		
Building		
Canopy		
Fence, passable		
Fence, impassable		
Hydrant		

0m 50m 100m 150m



GVOC
whyjustrun.ca

	AAAA	2.3 km		
▷				
1	31	●		◐
2	32	⊠		◦
3	33	⊠		◦
4	34	● ×		≡
5	35	△		◦
6	36	□		◐
7	38	/ /	∪	
8	39	×		◦
9	40	■		⊥
10	41	⊗		✓
⊗	150 m			⊗