

















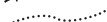
















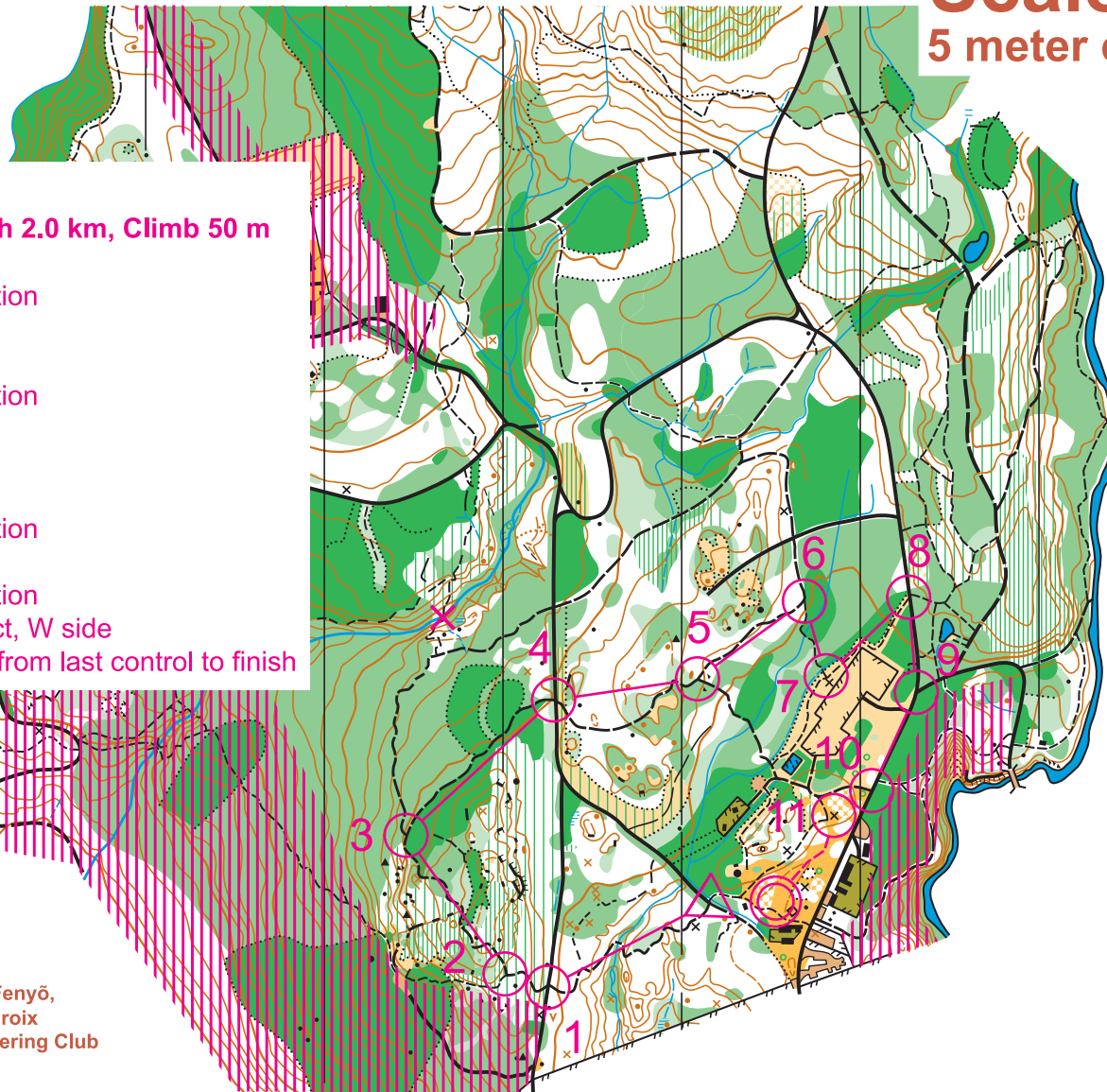
Silver Valley West

Maple Ridge

Scale 1:10 000
5 meter contour interval

-  Contour
-  Form line
-  Gully: large, small
-  Knoll: round, elongated
-  Depression: large, small
-  Pit, rootstock
-  Boulder: large, small
-  Boulders: cluster, field
-  Cliff: impassable, large, small
-  Pond, river
-  Tower, signpost
-  Building
-  Other manmade object
-  Road
-  Track
-  Path: large, small
-  Indistinct path
-  Uncrossable fence
-  Vegetation boundary
-  Marsh
-  Open land
-  Rough open land
-  Scattered trees
-  Forest: runnable
-  Forest: slow run
-  Forest: thick
-  Forest: fight
-  Undergrowth: slow
-  Undergrowth: fight
-  Paved area

-  Out of bounds
-  Out of bounds
-  Do not cross






Why Just Run? 29/03/15

Course Beginner, Length 2.0 km, Climb 50 m

- Start Path junction
1. 47 Road/path junction
 2. 48 Path junction
 3. 49 Path junction
 4. 50 Road/path junction
 5. 51 Path junction
 6. 35 Path junction
 7. 53 Path junction
 8. 54 Road/path junction
 9. 55 Road junction
 10. 42 Road/path junction
 11. 59 Manmade object, W side

Follow taped route 150 m from last control to finish

Why Just Run? 29/03/15				
	Beginner	2.0 km	50 m	
		/ /	x	
1	47	/ /	x	
2	48	/ /	y	
3	49	/ /	y	
4	50	/ /	x	
5	51	/ /	y	
6	35	/ /	y	
7	53	/ /	y	
8	54	/ /	x	
9	55	/ /	y	
10	42	/ /	x	
11	59	x		o

 150 m 



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