



Scale 1:10 000

Contours: 5m

- Contour, Form-line
- Hill, Knoll
- Depression, Cup depression
- Pit, Water pit
- Dry Ditch
- Earth Bank
- Impassable Cliff
- Passable Cliff
- Boulder, Big Boulder
- Impassable water
- Crossable Watercourse
- Intermittent Watercourse
- Narrow Marsh
- Indistinct Marsh
- Marsh
- Uncrossable Marsh
- Open Land
- Scattered trees
- Undergrowth, difficult to run
- Forest, Good running
- Forest, Slow running
- Forest, Difficult to run
- Forest, Very Difficult to run
- Distinct Vegetation Boundary
- Vehicle Track
- Footpath
- Small footpath
- Less distinct small path
- Passable Fence
- Impassable Fence
- Large tower
- Man-made Object

Safety Bearing

Up to Control 5: North to Road
 After Control 5; To Road and Up Hill Rough Open Land

Sumas May 31/15

Intermediate	2.5 km			
○ ——— 70 m ———>○				
1	31	○		⋈
2	40	≡		⋈
3	38			
4	33	≡		┌
5	34			<

		○ ——— 90 m ———>○		
6	35			
7	32	≡		
8	41	•		⋈
9	42	•		⋈
10	43			⋈
11	39	≡		
12	38			
		○ ——— 60 m ———>○		