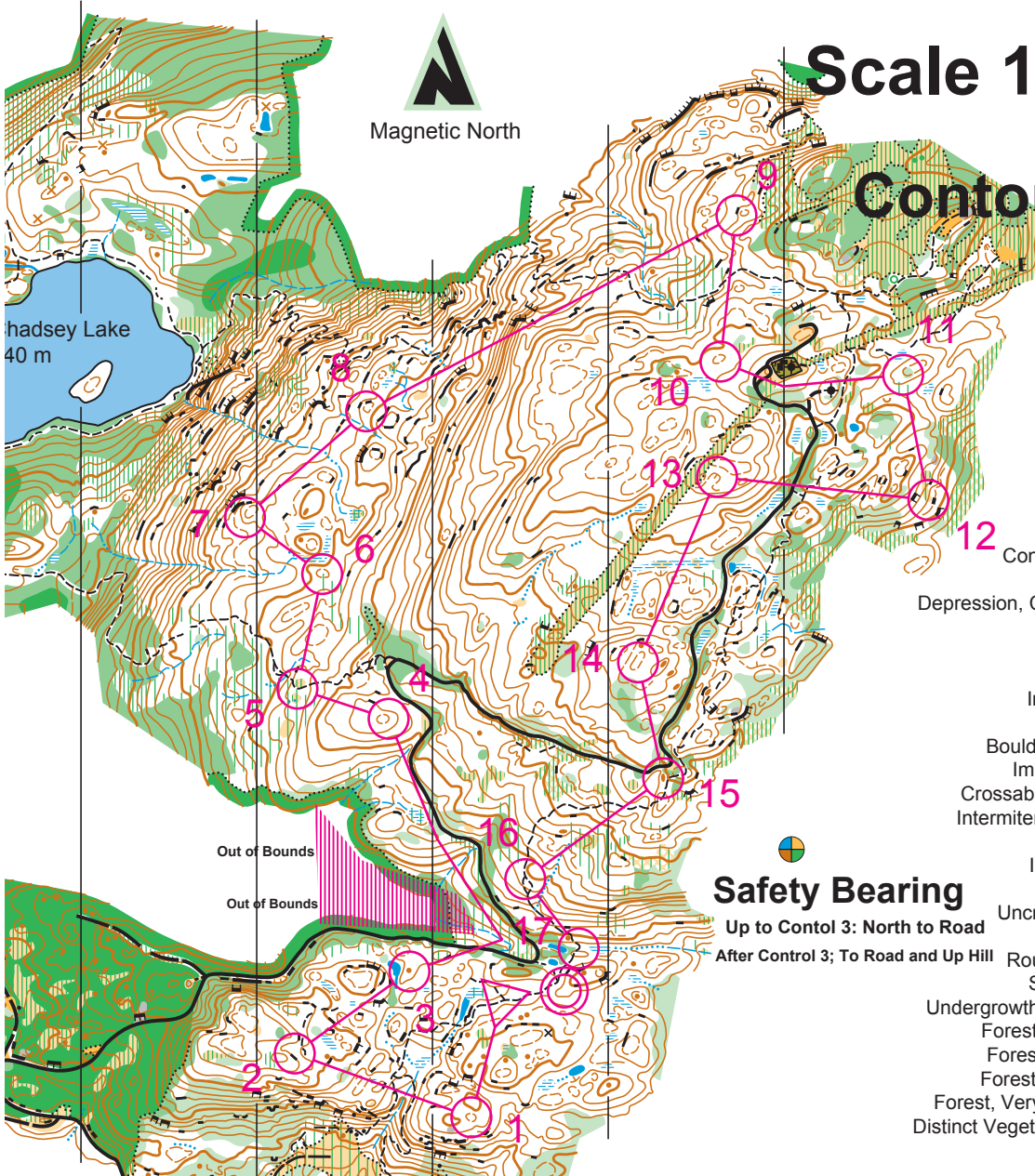


Scale 1:10 000

Contours: 5m



- Contour, Form-line
- Hill, Knoll
- Depression, Cup depression
- Pit, Water pit
- Dry Ditch
- Earth Bank
- Impassable Cliff
- Passable Cliff
- Boulder, Big Boulder
- Impassable water
- Crossable Watercourse
- Intermittent Watercourse
- Narrow Marsh
- Indistinct Marsh
- Marsh
- Uncrossable Marsh
- Open Land
- Rough Open Land
- Scattered trees
- Undergrowth, difficult to run
- Forest, Good running
- Forest, Slow running
- Forest, Difficult to run
- Forest, Very Difficult to run
- Distinct Vegetation Boundary
- Vehicle Track
- Footpath
- Small footpath
- Less distinct small path
- Passable Fence
- Impassable Fence
- Large tower
- Man-made Object

Safety Bearing

Up to Contol 3: North to Road
 After Control 3; To Road and Up Hill

Sumas Sept 14/14			
Expert	4.2 km		
1	57	○	⊙
2	33	≡	⊥
3	34	•	⊙
4	52	○	>•
5	59	/	<
6	43	○	⊙
7	42	○	⊙
8	44	○	⊙

9	46	≡	⊥
10	51	○	Q
11	60	○	⊙
12	55	≡	⊙
13	53	∩	⊙
14	50	○	⊙
15	38	•	⊙
16	36	/	Y
17	40	/	<

60 m