

Jericho 06/18/14

ADVANCED_A		3.5 km	
▷		⤴	◦
1	46	⤴	◦
2	61	■	◡
3	48	⤴	≡
4	59	⤴	◦
5	44	⤴	◦
6	60	■	◡
7	45	→	◦
8	37	•	◡
9	50	⤴	◦
10	51	⤴	◦
11	52	•	◦
12	53	⤴	◡
13	54	⤴	◦
14	55	⤴	◡
15	56	⤴	◦

START MEMORY LOOP

16	43	▲	◦
⊗	100 m	⊗	

