

# Poirier

Scale 1:5000

2 metre contours



Conforms to International Standards for Sprint Orienteering Maps (ISSOM2007)



**GVOC**  
whyjustrun.ca

**Vancouver  
Sprint Camp**

**February 8, 2014**

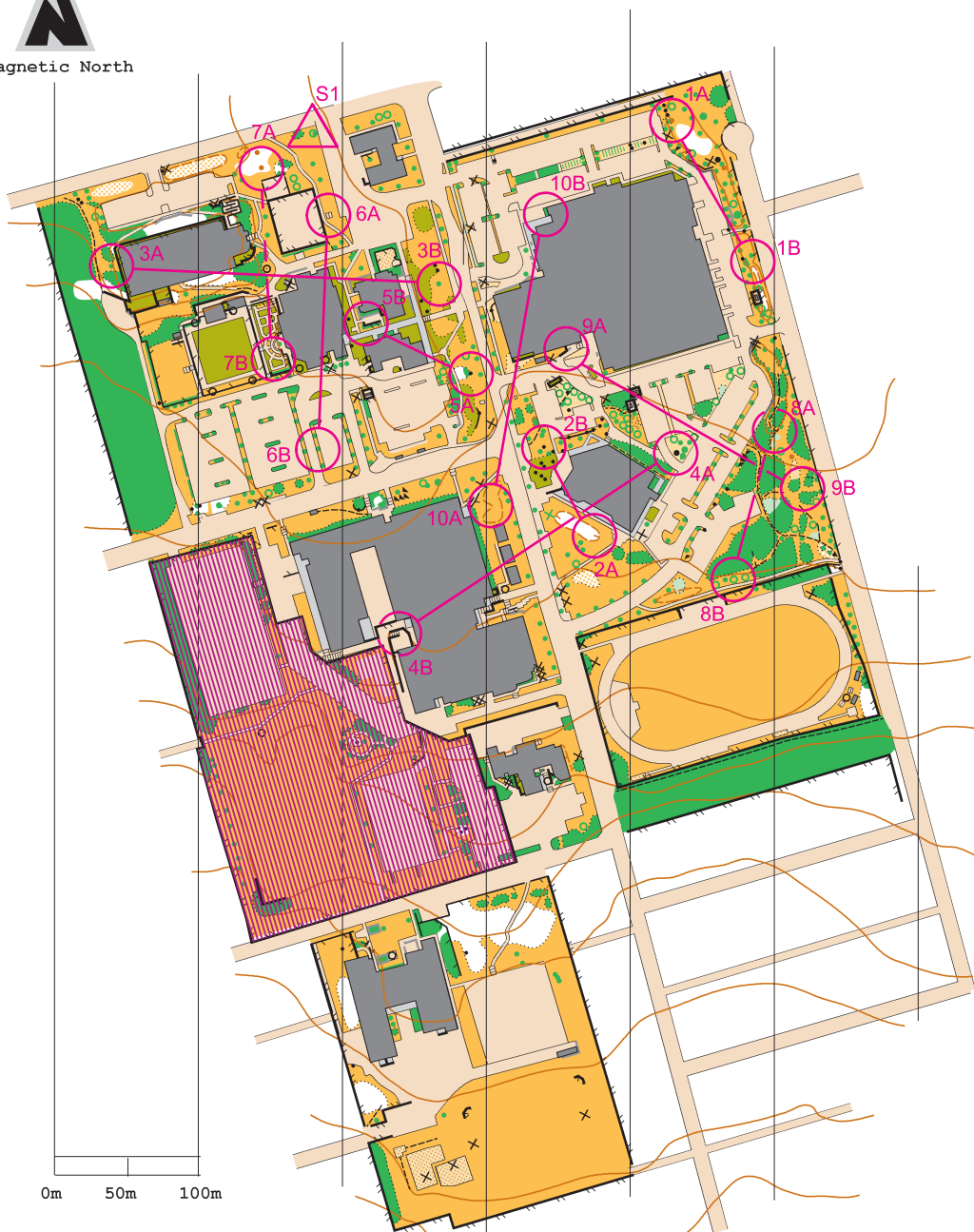
**Session 4**

**Dogbones**

**WHY  
JUST  
RUN ?**



Magnetic North



▷	S1				
	1A	•		⊙	
	1B	∩			
	2A	∩			
	2B	▲		♀	
	3A	⬆		⊙	
	3B	⬆		⊙	
	4A	▲		♂	
	4B	↗		⊥	
	5A	▲		⊙	
	5B	↗		⊥	
	6A	↗		⊥	
	6B	⬆		⊙	
	7A	↓	•	⊥	
	7B	↓	∕	×	
	8A	∕	∕	∕	
	8B		⬆	♀	
	9A	↗		⊥	
	9B	⊗	⊗	≡	
	10A	∩			
	10B	⊗		!	